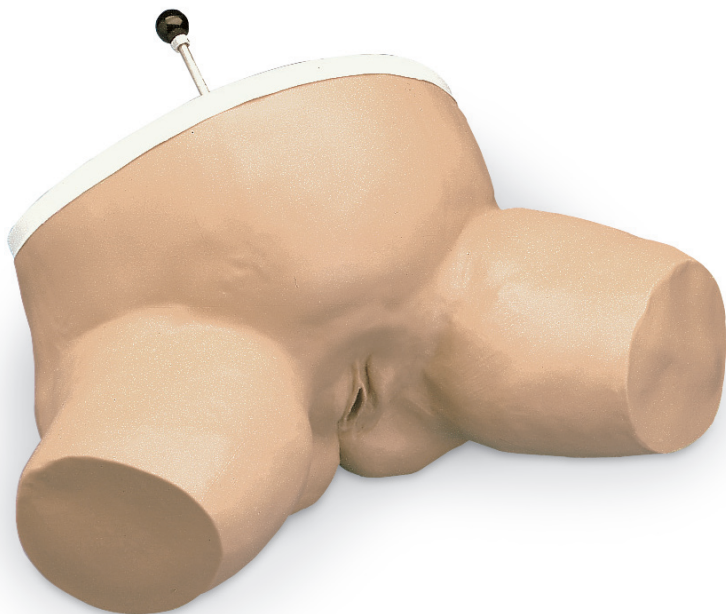




Birthing Station Simulator LF01070U Instruction Manual



Life/form® Products by Nasco

About the Simulator

The **Life/form®** Birthing Station Simulator is designed to facilitate demonstration and practice of palpating the internal birthing canal. The simulator clearly shows the relationship between the fetal head and the ischial spines of the pelvic bones of the mother during the birth process. The realism of this **Life/form®** Simulator will help students bridge the gap from the classroom to bedside with ease and comfort.

Internal Structure

The **Life/form®** Birthing Station Simulator is designed to highlight the ischial spines, which are of great obstetric importance. The line drawn between the ischial spines typically represents the shortest diameter of the pelvic cavity. The ischial spines can be readily felt during a vaginal examination, and serve as valuable landmarks in ascertaining the level to which the presenting part of the fetus has descended into the pelvis.

The simulator features three lock stations:

- Minus Two Station
- Zero Station
- Plus Three Station

The fetal head will lock in any one of the three stations.

General Instructions for Use

To make the examination of the simulator, the user must first put on a latex glove. Next, the user must lubricate the vaginal area. This will provide easy access to the birthing canal and help prevent any tearing of the simulator. The user is now ready to proceed with the exam.

Minus Two Station

Minus Two Station is when the blue tape is flush with the top of the simulator. This is the position that the head of the fetus is in when it lies above the ischial spines. Palpate through the vaginal opening.

After the user has made the exam, unlock the rod, turn the knob a very short distance (a sixteenth of a turn), push the rod to the next position, and then let go of the rod to allow it to return to the neutral position.

Zero Station

Zero Station is in position when the green tape is flush with the top. The fetus' head lies directly between the ischial spines. Palpate through vaginal opening. When the exam is over, unlock the knob and push to next position.

Plus Three Station

Plus Three Station is in position when the red tape is flush with the top. The fetus' head is below the ischial spines and is ready to enter into the birthing canal.

Care of the Simulator

The use of gloves and liberal use of lubricant teach and reinforce good practices and are essential to protect the physical properties of the simulator. The simulator must be treated like a patient. Rough usage and lack of lubrication will generate tears in the soft tissue walls.

Store simulator in clean plastic bag. The soft plastic used in this simulator does attract dust. As in a real situation, the user should practice care and good hygiene to assure the lasting life and clean appearance of the simulator.

Solvents or corrosive materials will damage the simulator. Never place simulator on newsprint or any kind of printed paper or plastic. These materials will transfer an indelible stain. Ball-point pen ink will also make an indelible stain.

Normal soil accumulated on the surface of the simulator can be removed with mild soap (Ivory® liquid soap) and lukewarm water. Use Nasco Cleaner (LF09919U) to remove stubborn stains from the simulator. Simply spray soiled area and wipe clean with a soft cloth or paper towels.

Cautions

DO NOT use any petroleum-based lubricant. Use of such lubricants will cause rapid deterioration and permanent damage. Use Lubricant Kit (LF00985U) or Ivory® liquid soap only.

Note: Be careful when turning the knob that you do not twist it over a quarter of a turn or it may break loose inside the simulator.

Supplies/Replacement Parts for the Birthing Station Simulator

LF09919U Nasco Cleaner

LF00985U Lubricant Kit

Other Available *Life/form*® Simulators

LF00698U	Adult Injectable Arm (White)	LF01184U	Venatech IM & Sub Q
LF00855U	Male Catheterization	LF01193U	Special Needs Baby
LF00856U	Female Catheterization	LF03000U	CPARLENE ® Series
LF00901U	Prostate Examination	LF03601U	Adult Airway Management Trainer with Stand
LF00906U	Ostomy Care	LF03602U	Adult Airway Management Manikin
LF00929U	Surgical Bandaging	LF03609U	Child Airway Management Trainer with Stand
LF00957U	Enema Administration	LF03616U	Child CRiSis ™ Manikin
LF00958U	Pediatric Injectable Arm	LF03617U	Deluxe Child CRiSis ™ Manikin with Arrhythmia Tutor
LF00961U	Intramuscular Injection	LF03620U	PALS Update Kit
LF00984U	Breast Examination	LF03623U	Infant Airway Management Trainer with Stand
LF00995U	Arterial Puncture Arm	LF03632U	Child Intraosseous Infusion/ Femoral Access Leg on a Stand
LF00999U	Pediatric Injectable Head	LF03633U	Child Airway Management Trainer Torso
LF01005U	First Aid Arm	LF03693U	Basic Buddy ® CPR Manikin
LF01008U	Intradermal Injection Arm	LF03699U	"Airway Larry" Airway Management Trainer
LF01012U	Heart Catheterization (TPN)	LF03709U	Infant CRiSis ™ Manikin
LF01019U	Ear Examination	LF03720U	Baby Buddy ™ Infant CPR Manikin
LF01027U	Peritoneal Dialysis	LF03750U	Fat Old Fred
LF01028U	Suture Practice Arm	LF03760U	Airway Management/Cricoid Pressure Trainer
LF01034U	Suture Practice Leg	LF03770U	Chest Tube
LF01036U	Spinal Injection	LF03953U	CRiSis ™ Manikin, Complete
LF01037U	Hemodialysis Practice Arm	LF03955U	Deluxe CRiSis ™ Manikin
LF01038U	Episiotomy Suturing Set	LF03956U	Deluxe "Plus" CRiSis ™ Manikin
LF01042U	Suture Kit	LF03965U	Adult CRiSis ™ Auscultation Manikin
LF01062U	Pelvic, Normal & Abnormal	LF03966U	Adult CRiSis ™ Auscultation Manikin with ECG Simulator
LF01063U	Stump Bandaging, Upper	LF04000U	GERI ™/ KERI ™ Manikin Series
LF01064U	Stump Bandaging, Lower	LF04200U	Adult Sternal Intraosseous Infusion
LF01069U	Cervical Effacement	LF06001U	CPR Prompt® Adult/Child Manikin
LF01070U	Birthing Station	LF06012U	CPR Prompt® Infant Manikin
LF01082U	Cricothyrotomy	LF06200U	CPR Prompt® Keychain Rescue Aid
LF01083U	Tracheostomy Care	LF06204U	CPR Prompt® Rescue and Practice Aid
LF01084U	Sigmoidoscopic Examination		
LF01087U	Central Venous Cannulation		
LF01095U	Blood Pressure Arm		
LF01108U	Infant Intraosseous Infusion		
LF01121U	Advanced IV Arm		
LF01131U	Venipuncture and Injection Arm		
LF01139U	Advanced IV Hand		
LF01142U	Auscultation Trainer		
LF01143U	Testicular Exam		
LF01152U	Male & Female Catheter		
LF01155U	Advanced CPR Dog		
LF01162U	Venatech IV Trainer		
LF01174U	NG Tube & Trach Skills		

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